



Live Well Kingston Commission
420 Broadway
Kingston, NY, 12401
845-334-3909

Live Well Kingston June Meeting Minutes

Wednesday, June 20, 2018, 4 – 5:30 pm, City Hall, Conference Room #1

I. Call to Order: 4:05 pm

a. Council Members (Voting)

Anna Brett	<u> x </u>
Brooke Pickering-Cole	via phone
Dylan Johanson	<u> x </u>
Gerry Harrington	<u> </u>
Kathleen Rogan	<u> x </u>
Marge Gagnon	<u> </u>
Melinda Herzog	<u> x </u>
Stacy Kraft	<u> x </u>
Stephanie Hope	<u> x </u> (20 mins late)
Walter Woodley	<u> </u>

Guests

<u> </u> Emily Flynn <u> </u>
<u> </u> Kristen Wilson <u> </u>
<u> </u> Lindsey von Miller <u> </u>
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II. Approval of Minutes

A quorum arrived and **meeting minutes were voted on for April and May**. An edit would be made to the April meeting minutes changing the month from February to April. **Motion to accept the April minutes made by Stacy and seconded by Melinda. Approved. Motion to accept the May minutes made by Kathleen and seconded by Dylan. Approved.**

III. Administrative Matters

Extending current board term to December: **Kathleen moved to make the first year term end in December rather than June. Approved.**

Discussion took place about the considerations and planning regarding half of membership needing to roll off the commission after 1 year per the bylaws. **Emily will check if the term letters have 1 year and 2 year terms and report at next month's meeting.**

IV. Old Business

New Board Member

- Two of the suggested applicants has filled in the application, 2 others may be interested
- Lindsey has submitted the app, present at meeting - acupuncturist, mom, new Kingston resident
- Melinda - Should we have non-voting members that are expected to generally come to the meeting but that do not vote so that we have people who are prepared to fill potential absences?
 - o Emily – invitations are regularly sent to “friends of Live Well Kingston” to our meetings which are open to the public

- There is a distinction between non-voting members and voting members, non-voting members would feel more comfortable sitting at the table and making their voice heard
- Dylan – perhaps we should make our next meeting the deadline for applications to give opportunity for others but also to make it time limited
 - **Emily will communicate the deadline to interested parties**

Proposal to Change Meeting Time

- Certain members are not ever able to make this meeting, should we change the meeting time? Should members who cannot attend the meeting change their status to non-voting members?
 - Doodle survey results are that the same time as current (3rd Wed 4-5:30pm) is the majority winner
 - **Anna will reach out to Dr. Woodley to discuss if he would be willing to send a proxy from the IFH for meetings he is unable to attend**

2018 Action Plan

- Stacy – motion to **accept action plan** as is and that we could revisit In November for year two if needed
 - Seconded – Dylan
 - Approved via Quorum
- Discussion on how we will evaluate progress on commission’s action plan
 - **Emily will create a form that will show a “status update” section for date and minimal comments**

V. Stretch

VI. New Business

Review of LWK participation at Midtown Make a Difference day. Discuss upcoming community events to participate in.

- Emily – reporting that Kathleen manned the LWK table at Midtown Make a Difference Day
 - Kathleen – great day, children were very knowledgeable and enthusiastic about health, kids and adults were engaged with the booth, looked very professional, able to articulate the message that the government cares about citizens’ health
 - Kathleen – is there a budget for tabling materials?
 - **Emily will research the process for how Kathleen can be reimbursed via communications budget**

Communications Update from Emily

- Emily – Kingston Creative has been hired as local marketing company for: communications plan, health and wellness content for blogs/social media posts, Spanish translation, and social media monthly analytic reports

- Our intern has been doing a great job on social media posts in the meantime, also created 3 pages on website (healthy food, physical activity, health services), needs to be approved by focus teams
 - o Livewellkingston.org/healthy-food/
 - o Livewellkingston.org/physical-activity/
 - o Livewellkingston.org/health-services/

Fireworks

- Fireworks – community feedback is that they are often used very late into the evening and proposes that we make social media posts about 1) safe use of fireworks and 2) encouraging going to professional fireworks displays that are time and space limited
 - o Noise ordinance is construction is 8am-6pm, snowblowers and lawnmowers between 6am-10pm...etc...fireworks not specified but nothing is later than 10pm
 - o **Emily will add to the social media cue for an awareness campaign**

Communications

- Melinda - Mayor made an announcement at Hodge Center that Eat Well would have liked to have supported but was not aware of it in time, can we create a better mechanism of communication?
 - o Will be **agenda item** for next meeting to discuss how focus teams can be presented with opportunities to endorse activities

VII. Reports

- Updates from Focus Team Chairs – **Tabled to next month and will have it at the beginning of the agenda**

VIII. Announcements/Communications

- Stacy – announcement: January 1st 2019 Ulster County will be a Tobacco-21 County (minimum age of purchase will be 21 for tobacco products)
- Stacy – Drug Takeback Bill was approved, will come into effect in 180 days (pharmacies will accept unused medications i.e opioids)
- Kristen – public meeting for the Wayfinding Plan (signage for vehicles, pedestrians, cyclists) next week the 28th
- Kristen – announcement – Kingston Point Rail Trail going to go out to bid in July, expect to start construction this fall

XIII. Adjournment: 5:35pm