



Live Well Kingston Commission
420 Broadway
Kingston, NY, 12401
845-334-3909

Live Well Kingston February Meeting Minutes

Wednesday, February 21, 2018, 4 – 5:30 pm, City Hall, Conference Room #1

I. Call to Order: 4:04pm

a. Council Members (Voting)

Amanda Stromoski	___ tried to call in ___
Anna Brett	___ x ___
Brooke Pickering-Cole	___ x ___
Dylan Johanson	___ x ___
Gerry Harrington	___ tried to call in ___
Kathleen Rogan	_____
Marge Gagnon	___ call ___
Melinda Herzog	___ call ___
Stacy Kraft	___ x ___
Stephanie Hope	___ x ___
Walter Woodley	___ x ___

b. Guests:

1. Aimee Gardner (via conference call)
2. Kristen Wilson
3. Emily Flynn

II. Approval of Minutes

Motioned by Stacy Kraft, seconded Dylan Johanson, approved by quorum.

III. Old Business

a. 2018 Goals and Action Plan

Details listed in document circulated during meeting

Feedback:

(Kristen) Differentiating between goals that currently exist for focus teams and new goals that relate to commissioner specific goals

(Kristen) Goal missing relating to health equity

- Have focus groups report on equity
- Heal Well
 - o Use data that we have to identify targets
 - o Inviting members from Hispanic, African American and Queer communities to the next meeting
- Translating key documents into Spanish

The Live Well Kingston Commission brings partners and residents together to facilitate policy, environmental, and systems changes that result in a healthy and active community

(Stephanie) Will do research on Health in All Policies for next time

b. Project Criteria document

Motion for approval Stephanie, seconded Stacy, approved by quorum

c. Articles of Collaboration/Rules of Procedure

- Rule 1.1 Discussion of rules from the resolution that ½ the commissioners in the first term shall only serve for one year (to stagger)
- Solution: At the end of the first year (in June), ½ the commissioners will request to be reappointed for another 2 year term (in order to fulfill the terms of the resolution)
- Rule 3.1 – need to break into two separate bullets

d. Theme/Mayor's Initiative

(Stacy) Wellness communication strategy

(Kristen) Year of wellness with monthly highlights (mental health awareness month, healthy food month, etc)

- Vote for top 3 selections for national health observances for each month – Stacy will send the list, and then we will select one of the top voted themes for each month

(Emily) Marquis event?

- Hold it in a park?
- Would need to be all hands on deck
- Maybe we don't need to have our own event but can make more of an effort to have a presence to other events that are already going on, public appearances, radio shows, etc.

IV. Stretch

V. New Business

a. Hashtag Campaign #livehealthykingstonny

1. E. Flynn suggested we wait to discuss this until the next meeting when K. Rogan will be in attendance. Kristen said there is already a hashtag for LWK: #LiveWellKingston.

b. Need to Elect a Treasurer

1. According to our Rules of Order, we need to elect a Commission member as Treasurer. A. Brett suggested that E. Flynn email all of the Commissioners and see if anyone is interested in the position. It was suggested to also include the responsibilities of the Treasurer.

c. Snow Policy

1. After much discussion, it was decided that we go with the school schedule. If schools are closed or if they close early, we will cancel our meeting. If there are any pressing issues, the Coordinator and Chair will either set up another meeting, do a conference call or have a "Go To" meeting. We need to find out if we are able to do a "Go To" meeting due to the fact that we are a public group and need to be open to the public.



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VI. Reports

- a. Updates from Focus Team Chairs
 1. Play Well – D. Johanson reported that there will be a Committee Meeting on Friday, February 23, 2018 at 12 noon at City Hall.
 2. Travel Well – K. Wilson will be emailing the quarterly report for Travel Well along with the document regarding the update on grants. She reported there has been some frustration with DOT but there has been significant work completed by the design group working on the Kingston Greenline. E. Flynn added information about the ordinance regarding registration of bicycles in the City of Kingston.
 3. Age Well – M. Gagnon (by conference call) reported that there was a ribbon-cutting ceremony for the computer program with senior citizens and area students. At this time, the program continues to be developed for residents of Yosman Tower. Also, they may be extending the program into Ellenville. M. Gagnon also reported that has been working on the “Paint the Town Yellow” project.
 4. Heal Well – S. Hope (by conference call) asked if the Commissioners could recommend some people to join this group.

VII. Announcements/Communications

- a) Dr. Woodley is very concerned about our area students. As a result of the recent incident in Florida, students are very anxious and are afraid to go to school. He asked if there is anything we can do as a Commission. We discussed possible ways we can include this concern into our initiatives. There is a need for further discussion.
- b) E. Flynn announced that there will be an adult bicycle class given at the YMCA. She will send out more information to all Commission members.

XII. Adjournment: 5:45pm