

Adult Nature Hikes

April - November 2024



April 17	Ashokan Rail Trail	Easy
May 14	Shaupeneak Ridge	Moderate
June 25	Ferncliff Forest	Moderate
July 23	Kingston Empire Trail	Easy
Aug 20	Esopus Meadows	Moderate
Sep 17	Poets Walk	Moderate
Oct 15	Walkway Over the Hudson	Easy

Please meet at the Forsyth Nature Center at 9:00am.
Transportation is provided and the program is free to all.

Please wear appropriate footwear and bring water.

Please note difficulty levels.

Sponsored by the City of Kingston Parks and Recreation Department

For more information, please visit www.kingstonparksandrec.org

You can also call KC Keegan at 845-481-7336

