



City of Kingston

PARKS & RECREATION

creating community through people, parks & programs

ADULT/SENIOR PROGRAMS & ACTIVITIES

Open to all city & surrounding area residents.

All programs (unless noted) are held at the ANDY MURPHY MIDTOWN NEIGHBORHOOD CENTER
467 Broadway, Kingston 12401

PROGRAMS ARE FREE (Unless Noted)

MONDAY

EXERCISE CLASS 9:30 – 10:45 a.m.

CERAMICS 10:00 a.m. – 12 p.m. NEXT SESSIONS: To Be Determined
\$30-City Residents \$40-Non Residents

KINGSTON HOME CRAFTERS 12:30-3:00 p.m. Senior Lounge
(Knitting, Crocheting, Beading) **BEGINNERS WELCOME!**

TUESDAY

CERAMICS 10:00 – Noon NEXT SESSIONS: To Be Determined
\$30-City Residents \$40-Non Residents

NATURE HIKES – One Tuesday a month starting in MAY
Meet at 9:00 a.m. at the Forsyth Nature Center
Call (845) 481-7336 for more information/schedule

WEDNESDAY

LINE DANCING Beginners 9:30 – 10:00 a.m. Intermediate 10:00-11:00 a.m.

CRAZY CANASTA (Card Games) 12:30 – 4:00 p.m.
BEGINNERS WELCOME!

THURSDAY

BINGO 12:30-3:00 p.m. Senior's Lounge

FRIDAY

EXERCISE CLASS 9:30-10:45 a.m.

For more information call 845-331-1682